

Programme on:

# International Training on Comprehensive, Rights- Based Family Planning

Yogyakarta, Indonesia  
1-21 July 2018



## Background

Family planning's contribution to reducing maternal mortality and morbidity as well as neonatal, infant and child mortality is well recognized. Through its contributions to lowering fertility, family planning helps to reduce costs related to achieving a country's development goals in maternal and child health, HIV/AIDS, education, water and sanitation and social services.

Investments of countries and donors in family planning programmes have decreased in the last two decades and the progress of family planning indicators has stalled in many developing countries. Unmet need of family planning continues to be a problem among women and girls from poorer countries who want to have control over the size and timing of their families.

One of the major gaps in access to family planning services is the lack of skilled providers who can offer a range of services, including long-acting and permanent methods of contraception.

In order to address the gap, National Population and Family Planning Board (BKKBN), the Faculty of Medicine at Gadjah Mada University (UGM) in Yogyakarta through its Center of Excellence, and the Ministry of State Secretariat, with the technical assistance from UNFPA Indonesia, host an international training on comprehensive rights-based family planning under the South-South and Triangular Cooperation.



## Goal and objectives of the training

The primary goal of the course is to impart knowledge and skills to provide and manage quality family planning services that are rights-based and are appropriate for the provider's level of training, experience and the setting in which s/he works.

At the end of the course the trainees should be able to:

- Provide culturally sensitive and high quality health education across the reproductive life cycle to promote planned pregnancies at the right age; and provide education on the benefits of family planning to individuals, families and communities;
- Provide high quality, culturally-sensitive counselling services to enable clients at various stages of reproductive life cycle to make informed choices of family planning methods;
- Provide quality family planning services, that are appropriate based on client's informed choice; provide screening for medical eligibility; be able to refer clients to an appropriate facility if the services cannot be provided in the facility;
- Manage common side effects of contraceptive methods with counselling and appropriate advice, manage contraceptive-related complications, and refer clients as necessary;
- Conduct/facilitate routine follow-ups for family planning clients to enhance continuing satisfaction and acceptance;
- Provide appropriate family planning services during humanitarian crisis and manage contraceptive logistics in coordination with humanitarian logistics systems;
- Manage and/or supervise the family planning programme efficiently, in accordance with the expected level of job performance, and monitor performance regularly;
- Efficiently manage contraceptive logistics systems to ensure right quantity and combination of quality products in facilities to serve client's needs;
- Communicate effectively on family planning in a culturally-sensitive manner in clinics and communities and to various population groups to create demand for the service.

The curriculum and content are designed on the principle of performance-based learning. The focus of the course will be on the tasks, knowledge, skills and activities needed to enable the trainee to be a skilled family planning service provider. Appropriate hands-on experience will be provided to enable the trainees to acquire the skills, and the trainees will be provided immediate and constructive feedback.

## Training Organizers

Training will be organized by the Centre of Excellence for Training on Comprehensive, Rights-Based Family Planning under the Faculty of Medicine at Gadjah Mada University of Yogyakarta, in collaboration with BKKBN, Ministry of State Secretariat and UNFPA Indonesia.

## Who should attend the training?

The training participants are expected to be medical doctors who manage family planning programmes, and/or who provide family planning services. The participants should have a minimum of three years' experience of family planning services, with maximum age of 50.

## Duration of the training and proposed schedule

The duration of the training is 18 effective days. Participants are required to attend the full course.

The training is scheduled on 1-21 July 2018.

## Training Language

The course will be conducted in English. Therefore, the participants should be able to speak and write English fluently.

## Professional recognition and accreditation:

The participants who complete the training and pass the examination will receive professional recognition and accreditation from Faculty of Medicine, University of Gadjah Mada.





## **Tuition fee**

The tuition fee is USD 1,000 (one thousand USD) per participant. A sponsoring organization sending more than one participants will get 20 percent discount for tuition fees. The tuition fee covers training materials, and secretarial assistance. The tuition fees should be paid to the Faculty of Medicine, Gadjah Mada University.

## **Support from the Government of Indonesia**

The Government of Indonesia will provide the selected participants the following:

- Hotel accommodation (including breakfast) in Yogyakarta for the period of the training;
- Lunches and dinners during the period of the training;
- Airport transfers in Yogyakarta
- Local transportation

Please note that:

- The sponsoring organizations should be responsible for the tuition fees, the airfare and partial daily substance allowance (DSA);
- BKKBN, Ministry of State Secretariat, UNFPA Indonesia, and the Faculty of Medicine at Gadjah Mada University are not in a position to provide sponsorship for this training;
- Interested applicants should explore options with their employers or donors, including other UNFPA Country Offices, for financial assistance.

## How to apply

To apply for the training course, go to one of the following websites for the application form:

**<http://fk.ugm.ac.id>**

**<http://indonesia.unfpa.org>**

Please email the completed application form(s) to:  
**[ssc.comprehensivefp.indonesia@gmail.com](mailto:ssc.comprehensivefp.indonesia@gmail.com)**

Applications must be received not later than  
**28 February 2018**

For further information on this training opportunity, please contact one of the following officials:

- **Mr. Hermansyah**, Director, Center for International Training and Collaboration, BKKBN via email at [herman1701@yahoo.com](mailto:herman1701@yahoo.com);
- **Mr. Samidjo** – National Programme Officer for Advocacy, UNFPA Indonesia via email at [samidjo@unfpa.org](mailto:samidjo@unfpa.org);
- **Dr. Muhammad Nurhadi Rahman** – Training Coordinator, UGM via email at [adirahman@ymail.com](mailto:adirahman@ymail.com).



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